



Water Lines

In October, 2009 a first ever training seminar was hosted during the weekend of our annual general meeting. This training seminar was a replacement of our annual rescue competition that was held each year during this weekend. District Directors were asked to select 3 members from each of their respective 10 Administrative Districts of CCGA Newfoundland and Labrador Incorporated. Members gathered together in Gander, at the Hotel Gander, to participate. The weekend began on Friday, October 16th, 2009 with the 31st Annual General Meeting held at the Hotel Gander. Registration for the training seminar was held Friday evening at the Hotel.

On the morning of October 17th the intent was to travel to the Lewisporte Marina for a day of training in events such as Search and Rescue Operations; Emergency Abandonment; First Aid; and, Line Throwing. The weather forecast did not cooperate. On the morning of October 17th, all awoke to a snow storm. Travel to the Lewisporte Marina was deemed impractical.

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After a meeting with the judges and the planning committee, and a tremendous amount of support from the staff at Hotel Gander, the training Seminar was held at the Hotel Gander. The pool at the Hotel was utilized to facilitate the emergency abandonment training. Members were shown the proper donning and doffing of an immersion suit and were given the opportunity to get in the pool to get a feel for how the suit worked in water.

The weekend was deemed a huge success by all who attended and was quoted as being far above a competitive environment. This is the way we hope to proceed in the future with these training seminars being held in the fall of each year, funding permitting. It gives members an opportunity to refresh their Search and Rescue skills in a learning environment.



31st ANNUAL GENERAL MEETING

The 31st Annual General Meeting of the Canadian Coast Guard Auxiliary (NL) Inc. was held on October 16th, 2009 at the Hotel Gander.

The Canadian Coast Guard Auxiliary was represented by:

Winston Pitcher—President, Director District 5
 Marcel O'Brien—1st Vice-President, Director District 1
 Aidan Penton—2nd Vice-President, Director District 9
 Harry Strong—Secretary/Treasurer, Director District 8
 Ron Pittman, Director District 2
 Howard Noel—Director District 3
 Wesley Snook—Director District 4
 Edward Bruce—Director District 6
 James Chidley—Representative District 7
 Eugene Gray—Director District 10
 Regrets—Rex Simmonds, Director District 7

Debbie Noseworthy—CCGA Regional Business Manager
 Kelly Doody—CCGA Regional Operations/Training Officer



The Canadian Coast Guard was represented by:

Ray Browne
 Director Marine Programs
 CCG (NL) Region

Brian Stone
 Superintendent, Maritime SAR
 CCG (NL) Region

Denise Hart
 Administrative Officer
 CCG (NL) Region

Gerard Lacey
 Training Officer
 CCG (NL) Region

Mary Pye
 Administrative Officer
 CCG (NL) Region



Pictured above (L-R) Ray Browne, Francis Kearney, Winston Pitcher. Mr. Kearney received his 30 year membership award.

No one who achieves success does so without acknowledging the help of others. The wise and confident acknowledge this help with gratitude.
 ~ Author Unknown ~

CCGA (NL) 2009-2010 EXECUTIVE OFFICERS

Winston Pitcher—President
 Edward Bruce—1st Vice President
 Aidan Penton —2nd Vice President
 Harry Strong—Secretary/Treasurer

Floaters—Men who fished from the schooners using cod traps rather than jiggers.

Frape—A rope with blocks to moor a boat.



Pictured above (L-R) Ray Browne, Glen Petten, Winston Pitcher. Mr. Petten received his 30 year membership award.



GREETINGS FROM THE PRESIDENT



October 16th, 2009 marked my 19th consecutive year to be elected as President of CCGA (NL) Inc. It is indeed an honour to be given this privilege each year. Together we have witnessed the CCGA (NL) Inc. grow and prosper over the past 31 years. We can boast a membership of 798 members and 411 vessels with a resale value of over \$213 million. We continue to provide a significant resource to augment the Search and Rescue system in our province.

On October 16/17, 2009 our 31st annual general meeting was held in Gander at the Hotel Gander. Coupled with this weekend we held a training seminar at the Hotel Gander on Saturday, October 17th. During this training seminar, members had an opportunity to enhance their Search and Rescue skills.

Callibogus—A drink made by mixing spruce beer, rum, or other liquor, and molasses.

Cark—Protruding metal point on a sled

Cossock—Footwear made by cutting the legs off a pair of old rubber boots at the ankle.

CSI's

The CCGA (NL) Office in St. John's must have an up-to-date copy of your vessel's Canadian Steamship Inspection (CSI) certificate. All vessels that become delinquent in their CSIs are flagged in the Search and Rescue System and are considered unavailable for tasking.

If your vessel has been flagged and it participates in an incident, you will not be eligible for compensation, and more importantly, your vessel will not be covered by insurance should it incur damages.

You will be notified that your vessel is unavailable for Search and Rescue. Upon receipt of this notification, please forward a copy of your current CSI or notify the office in St. John's of any delays so that your vessel is not removed from the SAR system permanently.

At our banquet we honoured our 30 year members. Additionally the CCGA Operational Merit Medal was awarded to the crew of the 'Melissa Lori' for successfully rescuing the crew from the sunken vessel 'Lynette Marie'. The skipper Bobby Noble and his crewmember Tejay England also received the Operational Merit Medal for their efforts in helping save the lives of their fellow crewmembers from the Lynette Marie during the same incident.



*Executive Committee 1989
(L-R) C. R. Lucas, Bill Broderick,
Harry Strong, Winston Pitcher*

Although each year we celebrate our successes, we also find ourselves in a position of having to bid farewell to some of our members who have passed away. Our heartfelt sympathies to all families who have lost loved ones in 2009.

I would like to take this opportunity to offer heartfelt thanks to all our members and to wish you continued smooth sails and following seas.

*Teamwork divides the task
and multiplies the success.*

*Winston Pitcher, President
CCGA (NL) Inc.*

REMINDER!!

You are not on Authorized Activity unless you have been tasked by Search and Rescue and are in receipt of an Incident Number. If you do not receive the proper authorization, you are not entitled to any reimbursement, and more importantly, you are liable for any damage done to your vessel.

Remember to notify the Maritime Rescue Sub-Center at 1-800-563-2444 and obtain an Incident Number before you proceed to a vessel requiring assistance. It is for your own protection.

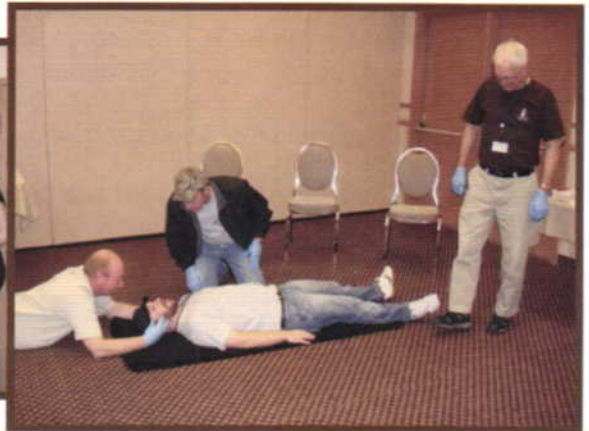


Training Seminar 2009

A first ever training seminar was held at the Hotel Gander on October 17, 2009. Initial plans were to have the 10 teams of 3 members each travel to the Lewisporte Marina to partake of a full day of training. Half of the day would have been spent on the water taking part in Search and Rescue Operations—while the other half would have been spent at three different stations, i.e., first aid practical, emergency abandonment, and line throwing accuracy. The weather did not cooperate and a snow storm blew in on the morning of October 17. Plans had to be revised and with the help of Coast Guard staff and staff from the Hotel Gander, the training seminar was held at the Hotel.

Stations were set up in the Hotel. The pool was shut down by the Hotel and given over to CCGA for use for the whole day. The emergency abandonment was set up in the pool area. Members were given opportunity to properly don and doff the suits and get in the pool to get the feel for the suit. A first aid station was set up and members were given an opportunity to do 'hands on' first aid. Search and Rescue operations concentrated on an overview of chart work and search patterns. A rope splicing event was also available to give members and their families an opportunity to try their hand at splicing.

At the end of the day, during the debrief, attendees noted that the training seminar was a huge success!!



A group becomes a team when each member is sure enough of himself and his contribution to praise the skills of the others.
- Norman Shidle -



SERVICE AWARDS—2009

Each year CCGA (NL) Inc. honours its members for years of service. The 5, 10, 15, 20, and 25 year awards were sent to members in January / February. The 30 year members were invited to the annual banquet where their awards were presented. The following Auxiliary members received their 10 and 25 year service awards in 2009. The dedication and continued support shown by you to Search and Rescue is greatly appreciated. Your willingness to respond to the needs of mariners in peril is a comfort to all those who ply our waters. Congratulations to all.

CCGA (NL) Inc. 25 Year Members

CCGA (Newfoundland and Labrador) would like to commend the following Auxiliarists on being awarded 25 year service medals in 2009:-

District 2
Dwight Spence
Chris Foley
Nelson Roberts

District 4
Gordon Farrell
Austin Fudge
Wesley Snook

District 6
Michael Norman

District 8
Hayward Spurrell
Maxwell Whalen

District 10
Keith Penney

District 3
Al McCarthy
Bernard J. Hynes
Andrew Hickey

District 5
Fred Rose
Aubrey Wells

District 7
Joseph O'Brien
Loyola O'Brien

District 9
Winston Squire
Harvey Moulard
Tom Fennell
Alphonsus Tulk
Leo McGrath
Jack Rowe

*Sish—Ice broken into particles by surf.
Shule—To move away backwards.
Skoat—Push or pull hard.
Switchel—Cold tea and black, unsweetened tea.
Teeveen—A patch on a boat.*

10 Year Members

District 1
Urias Normore
Sheldon Morris

District 3
A. P. Chadderton
Randy Crocker

District 4
Audrey Snook
Corey Courtney
Jerome Hartery
Chris Wellman

District 6
Gerard Power
Rhoda Slade
Calvin Young
Gus Nash
Allan Nash
Joseph Linehan
Gerard Grace
David Boutcher
Bernard Mulrooney
Rom Dalton
Gus Marrie
Stewart Marrie
Paul Collett

District 9
Bennett Butler
Reginald Butler
Dean Moulard
Travis Jacobs
Derrell Tulk
Marshall Collins

District 10
Dean Weir
Lorraine Morey
Junior Ward
Rodger Winsor
George Ryan
Craig Burton

District 2
Alvohn Pilgrim
Tim Pilgrim
Eddy Cassell
Dean Patey
Daniel Dredge
Dereck Coles
Robert Campbell

District 5
Shane Fudge
Richard Hennebury
John Hennebury
James Hennebury
Keith Drake

District 7
Lawrence Sullivan
Gerard Chidley Jr.
Derrick Day

District 8
Jeff Piercey
Garfield Tippett
Cory Porter
Jamie Hiscock
Fred Osborne
Dennis McEntegart
Paul Rowe

Thomas Clenche
James Thorne
Roy Hopkins
Charles Rogers
Roland Newhook
Elwood Newhook
William Newhook
Everett Crann
Stanley Jolliffe
Lorne Jolliffe
Sam O. Lambert

District 10 (Cont'd)
Jeff W. Ryan



DID YOU KNOW?

An auxiliary vessel MUST be under the command of a member of the Canadian Coast Guard Auxiliary (i.e., owner or alternate skipper) before accepting a tasking from the Marine Rescue Sub-Centre. It is imperative that the Rescue Centre be informed if no qualified Auxiliarist is onboard the vessel at the time of a request for tasking.

Upon acceptance of a vessel into the CCGA, the owner/operator designates an alternate skipper. This skipper is deemed to have the proper qualifications to operate the vessel, in accordance with the rules and regulations set by Transport Canada. If a qualified Canadian Coast Guard Auxiliary skipper is not onboard a vessel at the time of an incident, the tasking must be refused.

If a vessel accepts a tasking without a qualified Auxiliary member onboard, the vessel would not be reimbursed for the incident. More importantly, there would be no insurance coverage if damages were to occur during the prosecution of the incident.

Please remember, before accepting a tasking from the Marine Rescue Sub-Centre on behalf of the Canadian Coast Guard Auxiliary, advise the Rescue Centre if there is no qualified Auxiliarist onboard.



Continued Proficiency Endorsement

Every applicant for a continued proficiency must:

- (a) Hold a valid medical certificate
- (b) Fulfill the service requirements of either 12 months, within a 5 year period, service onboard a ship as master or mate in charge of the watch.
- (c) Completed a marine emergency duties course A1

For members holding Fishing Masters or Mates certificates, this means five years from the date of issue on your certificate. Example, date of issue—2003, by 2008 you must show a valid medical (seafarers medical) and qualifying sea time. The sheets for writing up your sea time can be obtained at your nearest Transport Canada Marine Safety office.

Clareville—466-4515
Goose Bay—896-6190
Marystown—279-2201

Corner Brook—637-4870
Lewisporte—535-2503
St. John's—772-6197

Information taken from TP2293E, Chapter 29

Weatherlore

- ⇒ *When gull's fly high, stormy weather is nigh.*
- ⇒ *When distant hill's appear near, rainy weather is on its way.*
- ⇒ *When the wind is in the east, it's neither good for man or beast.*

INSURANCE CLAIMS

It is the responsibility of the CCGA owner/operator to report to your regional Coast Guard Auxiliary Representative any damage or suspected damage incurred to your vessel immediately following the conclusion of a Search and Rescue incident. In addition, if damage occurs during a SAR case, every effort should be made to notify the Maritime Rescue Sub-Center (MRSC) of the damage, especially if the safety of the CCGA vessel and its crew is jeopardized. MRSC must be notified so they can monitor the progress of the CCGA vessel to ensure it reaches port safely.

The owner/operator must complete a "Collision, Wreck and Injury" form and submit it to the CCGA Office in St. John's.



Canadian Coast Guard Auxiliary

15, 20, and 30 Year Members

The Canadian Coast Guard Auxiliary (NL) Inc. would like to congratulate the following members on their 15 and 20 years of continued dedication and service:-

15 Year Members

Edwin Heard, Cartwright	Gordon Brown, Cartwright
Elvin B. Normore, L'anse au Loup	Leroy Normore, L'anse au Loup
Larry Cull, Englee	Ronald Patey, Englee
Allan Sheppard, York Harbour	Wilfred Tibbo, Frenchman's Cove
Eric Miller, Grand Bank	Winston Pitcher Jr., Burin
Anthony Barry, St. Brides	Leeland Wareham, Arnold's Cove
William G. Burse, Mt. Pearl	Gerard Chidley Sr., Renew's
Darrell Pine, Kelligrews	Alvin Petten, Clarke's Beach
Sylvia Petten, Port de Grave	Max Glen White, Catalina
Arthur White Jr., Valleyfield	Bruce Gill, Fogo
Rick Wells, Jackson's Arm	Jabez Wells, Jackson's Arm
Fred Ryan, La Scie	Austin Freake, Lewisporte

20 Year Members

Lloyd Normore, L'anse au Loup
 Darrell O'Brien, L'anse au Loup
 Ben Foley, Conche
 Philip Foley, Conche
 Pleman Perry, Daniel's Harbour
 Felix Foley, Conche
 Cyril Foley, Conche
 James Boland, Frenchman's Cove
 Gerald Courtney, Francois
 Clayton Harris, Garnish
 Alfred Pitcher, Burin
 Kenneth King, Fox Harbour
 Paul Dalton, Cape Broyle
 Alexander Day, Portugal Cove
 Maurice Noonan, Bay de Verde
 Raymond Noonan, Bay de Verde
 Randell Babb, Harbour Grace
 Walter Piercey, Heart's Content
 William Piercey, Heart's Content
 Donald Barrett, Old Perlican
 Harold George Butler, Brigus
 Wayne Morgan, Port de Grave
 Derrick Ralph, Eastport
 Wade Moulant, Musgrave Hr.
 Brian Moulant, Musgrave Hr.
 Melvin Leyte, Fogo
 Chad Caravan, Miles Cove
 Wade Burton, Springdale

CCGA (NL) Inc. 30 Year Members

District 2

Francis Kearney, Conche

District 9

Kenneth Lane, St. Chad's

District 10

*Chesley Coish, Hillgrade
 James Woodworth, Grand Falls
 Hardy Troake, Durrell
 Harry Knight, Jackson's Cove
 Wesley Caravan, Miles Cove*

District 8

*Alex Pike, Old Perlican
 Glenn Petten, Coley's Point*

*The highest reward for
 a person's work is not
 what they get for it,
 but what they become
 because of it.
 - John Ruskin -*

- Superstitions -

- ⊗ Don't look back once your ship has left port as this can bring bad luck.....
- ⊗ If the rim of a glass rings—stop it quickly or there will be a shipwreck.....
- ⊗ Disaster will follow if you step onto a boat with your left foot first.....
- ⊗ Throwing stones into the sea will cause great waves and storms.....



CCGA BOARD OF DIRECTORS 2009 / 2010

Each year, as active members of the Canadian Coast Guard Auxiliary (Newfoundland and Labrador), you are asked to vote for a Director to represent your District. The following people were elected by you for 2009 / 2010:-

District 1—Marcel O'Brien, 927-5540

District 2—Ronald Pittman, 866-2505

District 3—Howard Noel, 453-2458

District 4—Wesley Snook, 885-2422

District 5—Winston Pitcher, 891-1150

District 6—Edward Bruce, 228-2386

District 7—Rex Simmonds, 895-2816

District 8—Harry Strong, 587-2225

District 9—Aidan Penton, 658-3683

District 10—Eugene Gray, 675-2080

REMINDER

Send in Your:

- ⇒ Renewal Form
- ⇒ Voting Form
- ⇒ Incident Report Form



Weatherlore

- ⇒ *The moon and the weather may change together, But a change of the moon will not change the weather.*
- ⇒ *Rain before seven, fine before eleven. Evening red and morning grey, two sure signs of one fine day.*
- ⇒ *When the chair's squeak, it is of rain they speak.*
- ⇒ *Catchy drawer and sticky door, coming rain will pour and pour.*
- ⇒ *When the wind blows from the west, fish bite best. When it blows from the east, fish bite least.*

AGE EXCLUSIONS

The current CCGA Insurance Policy includes two age exclusions. The first exclusion affects CCGA members aged 65 years or older. Under the insurance policy, CCGA members 65 years or older are not covered if they suffer a Heart or Circulatory Malfunction during any authorized CCGA activity. Basically what this means is that if a Canadian Coast Guard Auxiliary member is 65 years of age or older, there is no Heart or Circulatory Malfunction coverage for them.

The second exclusion is that CCGA members aged 70 years or older are not covered by the Permanent Total Disability Benefit if they should become permanently and totally disabled during any authorized CCGA activity.

It is important to note that these two age exclusions are only for these two benefits and that all members, regardless of age, are insured by the other CCGA insurance coverage's.

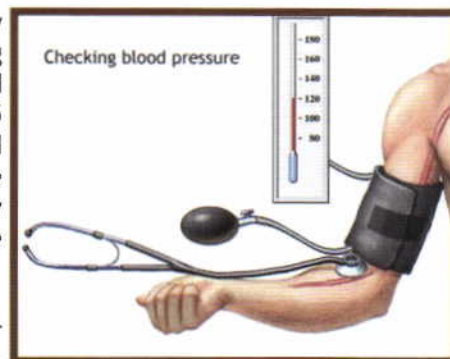
In light of these exclusions, it is recommended that all CCGA members 65 or older consider whether they wish to continue participating in authorized search and rescue operations or other CCGA activities. As well, it is recommended that these members consult with their doctors to ensure that they are medically fit to participate in search and rescue operations and other CCGA activities.



Hypertension

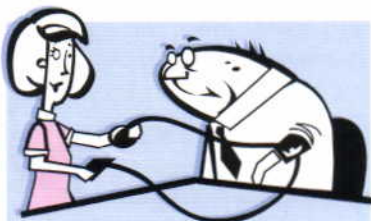
As written by Dave Griffiths, CCG

When a 25 year old crewmember of one of our Auxiliary vessels was recently diagnosed with high blood pressure, he refused to believe it. "I'm too young to have that, and besides, I don't even smoke!" he told his doctor. He would soon learn what many Canadians have yet to: that 1 in 5 of us—more than 5 million of the Canadian population—have high blood pressure. High blood pressure affects people of all ages, yet according to the Heart and Stroke Foundation, almost half don't realize they have it. Too many people wrongly believe it only affects the elderly, people with weight problems, or who have poor lifestyles.



Hypertension, the medical name for high blood pressure, comes with little or no symptoms and, as a result, is often called "the silent killer". Left undiagnosed and untreated it can lead to kidney damage, heart disease, heart attack, and/or stroke—often with fatal results. The good news is that it can be controlled.

The number one preventative measure is to get your blood pressure checked by a doctor. If you are diagnosed with hypertension, there are a number of steps you can take to keep it under control. Having a healthy low-salt, diet, limiting alcohol consumption, keeping physically active, and avoiding even infrequent smoking can all contribute to maintaining a healthy blood pressure level. Even if these combined efforts are not enough, there are various medications which can be prescribed by your doctor that can help control your blood pressure.



Find out more about healthy living habits at:-

www.heartandstroke.nf.ca

and

www.hypertension.ca

Weatherlore

- ⇒ Sound travelling far and wide, a stormy day betide.
- ⇒ When the forest murmurs and the mountain roars, then close your windows and shut your doors.



Let Us Know If You:

- ◆ Sell your vessel
- ◆ Change your address or telephone number
- ◆ Remove your vessel from the water
- ◆ Increase the value of your vessel
- ◆ Operate in an area away from your home port
- ◆ Change Alternate Skippers
- ◆ Update your CSI
- ◆ Recertify your first aid



THE NEWSLETTER

If you have any news items, stories and/or photographs that you would like published in the newsletter, please send them to:

Editor
Auxiliary Newsletter
c/o CCGA (NL) Inc.
P.O. Box 938, Station "C"
St. John's, NL
A1C 5M3

Your contribution would be greatly appreciated.

